



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON
SCHOOLS DIVISION OF BATANGAS

18 Nov 2025

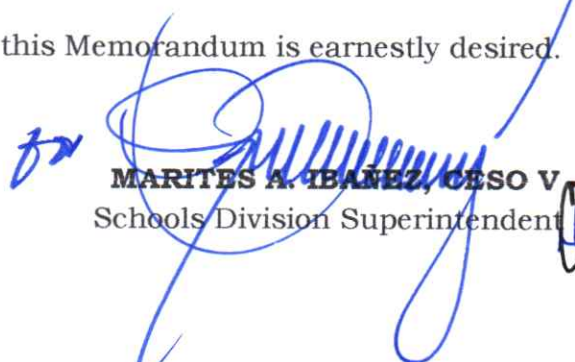
DIVISION MEMORANDUM

No. 676, s. 2025

**COUNSELLING THROUGH ACTIVE LISTENING:
AN APPROACH TO STABILIZING THE PSYCHOLOGICAL WELLNESS**

To: Assistant Schools Division Superintendents
Chief- Curriculum Implementation Division (CID)
Chief- School Governance and Operations Division (SGOD)
Education Program Supervisors
Public Schools District Supervisors
Public and Private Elementary and Secondary School Heads
All Others Concerned

1. Pursuant to RA 12080 otherwise known as the Basic Education Mental Health and Well-being Promotion Act, DepED Order No. 28, series of 2018 - Oplan Kalusugan sa Department of Education (OK sa DepED), there will be a COUNSELLING THROUGH ACTIVE LISTENING: An Approach to Stabilizing the Psychological Wellness on December 4, 2025 at the Venue to be announced.
2. To empower Secondary Schools Guidance Designates/Counsellor on the humane and proper approach of handling psychological and emotionally at risk learners and personnel within the context of counselling through active listening.
3. The participants are the selected Secondary Schools Guidance Designates/Counsellor. (see *Enclosure 1* for the List of Participants)
4. This memorandum shall also serve as the Authority to Travel of the participants and TWG.
5. For your concerns, you may contact Khareen M. Cadano, Medical Officer III and Rodelio M. Alvarez, Nurse II/ SDO Mental Health Coordinator through e-mail at sdobatangas.health@deped.gov.ph
6. Immediate and wide dissemination of this Memorandum is earnestly desired.


MARITES A. IBANEZ, CESO V
Schools Division Superintendent



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Encl: As Stated

Reference: RA 12080, Deped Order No. 28 s. 2018

To be indicated in the Perpetual Index under the following subject:

Issuances: Division Memorandum

SHN, DM-2025, COUNSELLING THROUGH ACTIVE LISTENING: AN APPROACH TO STABILIZING THE
PSYCHOLOGICAL WELLNESS S2 , 18112025



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Enclosure 1

LIST OF PARTICIPANTS

	NAME	SCHOOL / OFFICE
1	Sarah Joyce P. Mendoza	Agoncillo National High School
2	Clarriza M. Calales	Alitagtag National High School
3	Cathyrine L. Martinez	Cuenca National High School
4	Edna H. Atamosa	Wenceslao Trinidad Memorial National High School
5	Sonia Dimayuga	Mataasnakahoy Senior High School
6	Elsa A. Maranan	Mabalor-Catandala Integrated School
7	Mary Ann A. Martinez	Dr. Juan A. Pastor Integrated National High School
8	Don Carlo F. Gollena	Bukal Integrated National High School
9	Lawrence B. Aytana	Tipas Integrated National High School
10	Lemuel M. Dayo	Buhaynasapa Integrated National High School
11	Teodorica M. Abililla	Pinagbayanan Integrated National High School
12	Leonisa B. Mercado	Taysan Senior High School
13	Reynante Sevilla	Balayan National High School
14	Marian C. de Mesa	Balayan Senior High School
15	Wilfredo V. Andrin	Calatagan Senior High School
16	Maria Sheila M. Garcia	Payapa National High School
17	Ellen P. Toldanes	Lemery Senior High School
18	Aida A Bagon	Gov. Feliciano Leviste Memorial NHS
19	Mylene H. Limjoco	Lian Senior High School
20	Cipriano A. Villanueva	Kaylaway National High School
21	Judith F. Sevilla	Dr. Crisogono B. Ermita Sr. Memorial National High School
22	Juvy S. Patricio	Taal National High School
23	Maxima M. Javier	Inicbulan National High School
24	Maribel R. Asi	Bauan National and Vocational Integrated High School
25	Jennifer M. Bacay	Mainaga San Francisco Integrated School
26	Joanne May B. Dalisay	Apolinario Mabini National High School
27	Marife S. Rodriguez	Anselmo A. Sandoval Memorial National High School
28	Gerly D. Gega	Jaybanga Integrated National High School
29	Jeany P. Ramirez	Balibago-Biga National High School
30	Angelo B. Manalo	San Luis Senior High School
31	Marites C Bonifacio	Sta. Monica National High School
32	Larry T. Ojales	Banoyo Integrated National High School
33	Daisserie B. Dimatatac	Bayanan National High School
34	Michelle S. Atanacio	Tingloy National High School
35	Josephine P. Benzon	Taysan San Jose Integrated National High School



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36	Maria Leonida Borbon	Masaguitsit Banalo National High School
37	Jimmilyn D. Fameronag	Matabungkay National High School
38	Dr. Khareen M. Cadano	SDO BATANGAS
39	Rodelio M. Alvarez	Lobo Sub Office
40	Mar Ceilyn P. Masangcay	Nasugbu East Sub Office